# Warm up! Regulation



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Pólo das Ciências da Saúde, Unidade Central, Piso -1, Azinhaga de Santa Comba, Celas, 3000-058 Coimbra













## Regulation "Warm up!"

### Article 1

#### Definition

This regulation establishes the rules for Warm Up!, taking place online during the month of November of 2022. This competition is an interactive and dynamic game of medical culture, through multiple choice questions of some clinical cases specialties.

#### Article 2

#### Goals

The objective of this competition is to motivate medical students to participate in our congress and clinical competition, developing a clinical reasoning and the ability of teamwork as well as to practice theoretical knowledge.

#### Article 3

#### Participation Terms

- 1. The Warm Up! competition is performed individually.
- 2. It is mandatory to be a medical student between 1st and 6th years, inclusive.
- 3. It is not mandatory to be enrolled in the XII In4Med Congress in order to participate in the competition and there is no need to sign up.
- 4. The number of participants is not limited.

## Article 4

### **Competition Conditions**

- 1. The Warm Up! competition will happen during the 4 weeks of November 2022 and is done entirely online (November 7th, 14th, 21st and 28th).
- 2. Each clinical case will be published on our website www.in4med.org each Monday of November 2022, at 9 p.m., through a form that participants will have to fill with their answers to the clinical case and their personal data.



- 3. There will be 4 clinical cases (one per week), each one with a brief summary and 3 multiple choice questions, each one with 5 options, where only 1 is the correct answer.
- 4. The competition is performed individually.
- 5. The competition will be in English.
- 6. The Organising Committee of the XII In4Med is sovereign to rule over any omissions of the present regulation.

#### Article 5

#### Classification

- 1. The correct answers are rewarded with a positive point. Incorrect answers receive no points.
- 2. The participant with more points at the end of the four clinical cases will be placed first.
- 3. The amount of time the participant takes to answer the clinical case will be registered so in case of 2 participants with the same score, the tiebreak will be done according to it. The quickest participant will have advantage over another.
  - a. The time begins the second the case is released.

## Article 6

#### **Awards and Winners**

- 1. Participants ranked in 1st, 2nd and 3rd places will be awarded.
  - a. In case the winning participant is unwilling or unable to accept the prize, it will be awarded to the following classified participant.
- 2. The 1st, 2nd and 3rd places will be given the opportunity to pre-register for the XII In4Med Congress.

## Article 7

#### **Omitted Points**

The Organising Committee of the XII In4Med reserves the right to decide on all missing situations in this Regulation.



## Article 8

### Final Remarks

Participation in Doctor Crack My Case! Warm up! implies the full acceptance of the present Regulation.



Defy the limits,

break the norm



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